





# Deep Learning Framework

Example: *Frontal cortex* p. 54, 57  
*Visual cortex* p. 61, 62





## Senior School Social and Emotional Learning

EL is a key component of the Senior School curriculum. It is designed to help students develop the skills and attitudes needed to succeed in their studies and in life. The program focuses on four key areas: self-awareness, self-management, relationship skills, and social awareness.



SENIOR SCHOOL	
<b>Self-awareness</b>	<i>The ability to identify our own feelings.</i> Understanding our own emotions, thoughts, and feelings, and how they affect our behavior and relationships.
<b>Self-management</b>	<i>The ability to manage our feelings.</i> Using strategies to regulate our emotions, manage stress, and control impulses.
<b>Relationship skills</b>	<i>The ability to communicate and connect with a range of people.</i> Establishing and maintaining healthy relationships, resolving conflicts, and seeking help when needed.





# Wellbeing Focus

The Senior School Wellbeing Focus is supported by the CASEL domains

## Years 7-12

Wellbeing is a holistic concept that encompasses physical, emotional, social, and mental health. It is a state of complete physical, mental, and social well-being, and not merely the absence of disease or infirmity. The World Health Organization (WHO) defines wellbeing as a state of complete physical, mental, and social well-being, and not merely the absence of disease or infirmity. The WHO also states that wellbeing is a dynamic process that changes over time and is influenced by a variety of factors, including genetics, environment, and personal choices.



**YEAR 7**

**Self-awareness**

- Know self
- Know others
- Know emotions
- Know strengths and weaknesses

**Self-management**

- Manage stress
- Manage emotions
- Manage time
- Manage behavior

**Social awareness**

- Understand others
- Empathy
- Social skills

**Relationship skills**

- Establishing relationships
- Maintaining relationships
- Resolving conflicts
- Seeking help

**Responsible decision making**

- Identify problems
- Consider consequences
- Make choices
- Take action

**YEAR 8**

**Self-awareness**

- Know self
- Know others
- Know emotions
- Know strengths and weaknesses

**Self-management**

- Manage stress
- Manage emotions
- Manage time
- Manage behavior

**Social awareness**

- Understand others
- Empathy
- Social skills

**Relationship skills**

- Establishing relationships
- Maintaining relationships
- Resolving conflicts
- Seeking help

**Responsible decision making**

- Identify problems
- Consider consequences
- Make choices
- Take action



**YEAR 9**

Self-awareness, Self-management, Social awareness, Relationship skills, Responsible decision making

**Self-awareness**

1. I understand my own emotions and how they affect my thoughts and behavior.  
2. I am aware of my strengths and limitations.  
3. I understand my own values and how they influence my choices.

**Self-management**

1. I set and work towards personal goals.  
2. I manage my time and resources effectively.

**Social awareness**

1. I understand the perspectives of others.

**Relationship skills**

1. I establish and maintain healthy relationships.  
2. I communicate effectively with others.  
3. I resolve conflicts peacefully.  
4. I seek help and support when needed.

**Responsible decision making**

1. I make ethical and legal decisions.  
2. I consider the consequences of my actions.

**YEAR 11**

Self-awareness, Self-management, Social awareness, Relationship skills, Responsible decision making

**Self-awareness**

1. I understand my own emotions and how they affect my thoughts and behavior.  
2. I am aware of my strengths and limitations.

**Self-management**

1. I set and work towards personal goals.  
2. I manage my time and resources effectively.  
3. I understand my own values and how they influence my choices.  
4. I seek help and support when needed.

## PDHPE

1. The Department of Health (DH) is responsible for the development and implementation of public health policies and programs. The DHPE (Department of Health Policy and Evaluation) is a key component of the DH, responsible for evaluating the impact of public health interventions and policies. The DHPE is currently conducting a study to evaluate the impact of a new public health intervention on the prevalence of a specific disease. The study is a randomized controlled trial (RCT) and is being conducted in a community with a high prevalence of the disease. The DHPE is interested in understanding the impact of the intervention on the prevalence of the disease, as well as the impact on the quality of life of the participants. The DHPE is also interested in understanding the impact of the intervention on the health care system and the community as a whole. The DHPE is currently collecting data on the prevalence of the disease, the quality of life of the participants, and the impact of the intervention on the health care system and the community. The DHPE is currently analyzing the data and will report the results of the study in the next few months.



